Bookends -

The Complete
Life Cycle of a
Successful & Happy
Music Educator

Paul K. Fox

PMEA Council for Teacher Training, Recruitment, and Retention 412-596-7937 paulkfox.usc@gmail.com

Slide outline for paulfox.blog v. 2/5/25



1

About "the Fox"

- Bachelor of Fine Arts in Music (Viola) & Master of Fine Arts in Music Education from Carnegie-Mellon University Currently:
- Five+ decades involvement in the field of music education
- State Coordinator of PMEA Retired Members (10 + years)
- Member (Past State Chair) of the PMEA State Council for Teacher Training, Recruitment, and Retention (9⁺ years)
- Founding Director of the South Hills Junior Orchestra (42⁺ years)
- Steering Committee/School District Representative of the quarterly UPPER ST. CLAIR TODAY magazine (31* years)
- Staff Announcer for the USCHS Marching Band (39* years)
- Trustee/Arts Chair/Communications Director for the Community Foundation of Upper St. Clair (15 + years)





- Performing Arts Curriculum Leader (7 years) & teacher in the Upper St. Clair Schools (33 years)
 & Edgewood School District (2 years)
- Director/Producer of 29 Fall Plays, 30 Spring Musicals, & 5 Holiday Musicals
- USCSD publications writer, editor, photographer (30⁺ years)
- Secretary/Treasurer for PMEA District One (20 years)





Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 2

2

https://paulfox.blog/

I. Preservice/Training Years





Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 3

3

Starting out with the "WHY"

- Who inspired you to become a music teacher?
- What is the definition of a "master teacher?"
- What is the purpose of music education in the public schools?
- What is your teaching philosophy?
 WHY are you going into this career?





Why - Your Purpose
What is your cause? What do you believe?
How - Your Process
Specific actions taken to realise your Why.
What - Your Process

https://simonsinek.com/





Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 4

Targets (the "WHAT")

- A focus on preservice training: professionalism, ethics, & the essentials.
- Some tips on interviewing, branding, marketing, and seeking employment
- Sharing of resources for the other "stages" of your teaching career (less emphasis on self-care, time management, and retirement transitioning - visit paulfox.blog)







Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 5

5

Who Inspired You?







Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 6

Who Inspired You?

- Close your eyes. Imagine the face of your favorite (music?) teacher, one you idolized.
- What were his/her most outstanding qualities (3 adjectives). Write them down.
- Share one (most inspirational) in the chat.
- Any of these words come up?
 Caring Charismatic Creative Dedicated –
 Dynamic Exciting Motivating Musical –
 Problem-Solving Sensitive Tireless Visionary



Professional?

Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 7

pro•fes•sion

(Webster's New World Dictionary)

a vocation or occupation requiring

advanced education and training,

and involving intellectual skills



7

Qualities of a Professional

- Succeeded in and continues to embrace "higher education"
- · Updates self with "constant education" and retooling
- Seeks change and finding better ways of doing something
- Like lawyers/doctors, "practices" the job; uses different techniques for different situations
- Accepts criticism (always trying to self-improve)
- · Proposes new things "for the good of the order"
- · Can work unlimited hours (24 hours a day, 7 days per week)
- Is salaried (does not think in terms of hourly compensation, nor expects pay for everything)

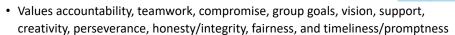


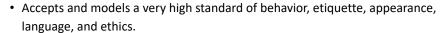
The second secon

Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 8

Qualities of a Professional

- Is responsible for self and many others
- · Allows others to reap benefits and receive credit for something he/she does
- · Has obligations for communications, attending meetings, & fulfilling deadlines











9

Who Are You? Developing a "Brand..."

- Describe yourself in three words, the ones that matter most.
 - Write them down.
- Are any of these duplicates of the traits of your model teacher?
- What do you suppose a prospective employer (school district) would be looking for in a music teacher?





Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 10

Effective Teachers – Raising the Bar Further

Score HIGH on...

- Cooperation
- · Student engagement
- Monitoring learning
- Optimism
- Pacing
- Promoting self-sufficiency
- Spontaneity
- Structuring

"Te crite of a music education"

Source: "The California BTES – Overview of the Ethnographic Study" by David Berliner and William Tikunoff

Score LOW on...

- Abruptness
- Belittling
- Counting hours ("clock punching")
- Defiance
- Illogical statements
- Mood swings
- Oneness (treating group as "one")
- · Recognition-seeking



Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 11

11

Effective Teachers – Raising the Bar Further Loving Loving Humorous Strict Loving FAN IDEAL TERCHER Humorous Kind

Criteria for Hiring Educators

- Instructional
 - Educational Philosophy
 - Knowledge/Experience
 - Classroom Management
 Judgment
 - Technology
 - Oral Expression
 - Written Communications
- Professional
 - Leadership
 - Teamwork

 - Problem Solving
 - Planning & Organizing
 - Innovation

- Personal
 - Initiative
 - Dependability
 - Adaptability
 - Self-Insight and Development
 - Energy/Enthusiasm
 - Appearance





Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 13

13

		Upp Profess	er St. Clai ional App	r School District licant Rating Form	Overall Rating (Circle One) 1 Unsatisfactory 3 Good 2 Satisfactory 4 Superior
Name:		Inte	erview Dat	e and Time:	
Certification(s):		Pos	sition:		
	Unsatisfactory	Satisfactory	Good	Superior	Remarks:
Instructional:				•	
A. Educational/Philosophy					
B. Knowledge/Education					
C. Classroom Management					
D. Technology					
E. Oral Expression					
F. Written Communication					
Professional:					
G. Leadership					
H. Teamwork					
I. Judgment					
J. Problem Solving/Decision Making					
K. Planning and Organizing					
L. Innovation					
Personal:					
M. Initiative					
N. Dependability					
O. Adaptability					
P. Self-insight and Development					
Q. Energy and Enthusiasm					
R. Appearance					

Who Are You? Developing a "Brand..."

- Do you plan to "sell" yourself as a "specialist" or a "generalist?"
- Complete a full self-assessment.
- Learn the essential skill of storytelling.
- Practice the art of interviewing.
- Create a marketing plan: resume, website, (e-)portfolio, business card.







Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 15

15

Strategic Storytelling 101



- Number one skill to land a job: "SHOW, don't TELL!"
- Share personal examples of positive interactions with children, colleagues, and music programs.
- Relate meaningful *true* anecdotes of your teaching & problem-solving.



"Stories are up to 22 times more effective than facts alone."

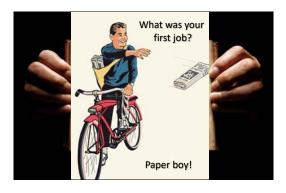
"We are wired to remember stories much more than data, facts, and figures."

https://leanin.org/education/harnessing-the-power-of-stories

Militaria (Tr.

Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 16

Strategic Storytelling 101



- Identify key impressions you want to convey.
- Pick interview stories that will "sell" the right message.
- Map out the plot of each story even past struggles or "Plan B's."
- Practice your stories, out loud and in front of others.



https://bbcostorytelling.com/blog/how-to-effectively-use-storytelling-in-interviews/



Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 17

17

The 13 Biggies – Interview Questions

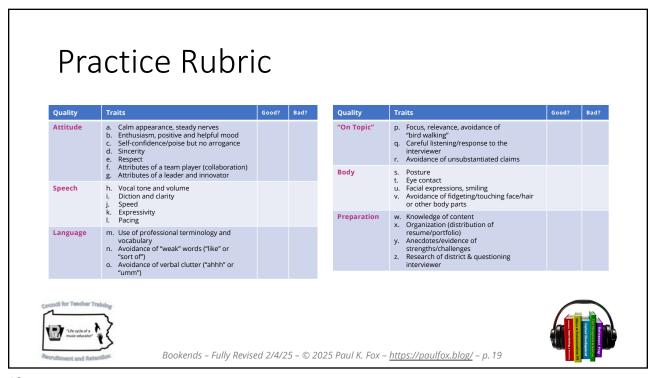
- 1. Tell us something about your strengths, challenges, and goals for the future.
- 2. Who had the greatest influence on you becoming a music teacher and why?
- 3. What are the most important qualities of an outstanding music educator?
- 4. Describe your classroom management procedures? How do you discipline your students?
- 5. Describe a successful lesson plan developed by you and how did you assess the learning?
- 6. How will you accommodate students with special needs or varied interests in your classes?
- 7. How would you recruit students and "grow" interest in your music program participation?
- 8. Why is it important for students to be actively engaged in the arts?
- 9. What qualities do you possess that would make you an effective leader... team member?
- 10. Give some examples of materials you would use to build a diverse repertoire.
- 11. Discuss your process for developing the fundamentals a singing voice or steady beat.
- 12. Discuss your approach for teaching improvisation for the first time.
- 13. How do you select soloists, leadership positions, or rank seating in your ensembles?



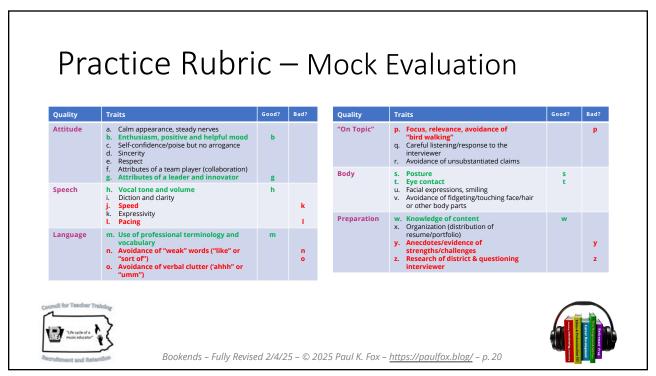
Actions for the second second

Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 18

10



19



Homework – Developing "A Plan"

- Standards: Define your personal mission, goals, and philosophy for teaching music, modeling the highest ideals of professionalism, and becoming the "total music educator."
- Marketing: Design and distribute "state-of-the-art" résumé, e-portfolio, website, & business card.
- Skills: Compile a list of anecdotes and true stories of you overcoming challenges, solving problems, and demonstrating "best practices" of professionalism and self-improvement.
- Assessment: Practice, record, and evaluate yourself answering job interview questions.

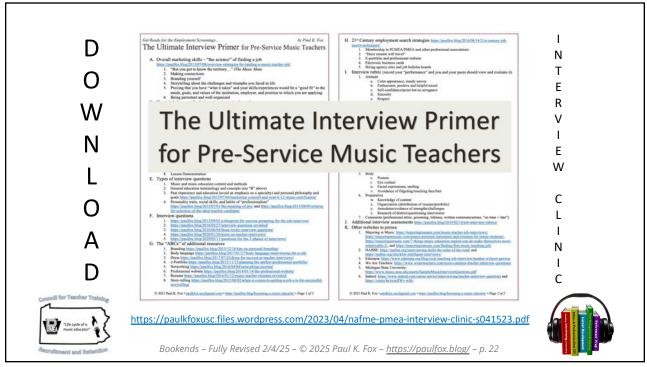






Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 21

21



II. Rookie/Practicing Years





Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 23

23

Definitions – "Fiduciary"

- A person or organization that owes to another the duties of good faith and trust.
 The highest legal duty of one party to another, it also involves being bound ethically to act in the other's best interests.
- Name at least five careers of professionals who are "fiduciaries..." – have a legal responsibility to serve the best interests of their "clients?"



- Medical Professionals
- Lawyers
- Counselors (all types)
- the Clergy, and...
- Teachers.



Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 24

Definitions – "Ethical Equilibrium"



Foundations of what's "right or wrong"

- Personal Morality: "Personal values and beliefs derived from one's life experiences... subjective and may or may not align with community mores."
- Regulations of Law: "Policies, statutes, and judicial activity that articulate conduct absolutes."
- Professional Ethics: "Professional ethical standards that assist
 practitioners within situation and systemic contexts in choosing the
 best course-of-action."
- Professional Dispositions: "Agreed upon professional attitudes, values and beliefs to be held by educational practitioners."

https://vimeo.com/126979216



Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 25

25

Definitions – "Moral Professionalism"

- Coming to work regularly and on time
- Being well informed about their students and subject-matter
- Planning and conducting classes with care
- Regularly reviewing and updating instructional practices
- Cooperating with, or if necessary, confronting parents of underachieving students
- Cooperating with colleagues and observing school policies so the whole institution works effectively
- Tactfully but firmly criticizing unsatisfactory school policies and proposing constructive improvement

Source: Wynne, E.A. (1995). The moral dimension of teaching. In A.C. Ornstein (Ed.) Teaching: Theory into practice. (pp. 190-202). Boston: Alyn and Bacon



The second secon

Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 26

Which Standard Is It? – "Moral" vs. "Ethical"

1. Moral =

- Principles to judge right and wrong
- Often used to define personal character
- More abstract, subjective, more personal, may or may not be religious

A teacher decides not to drink a beer when he sees a student enter the same restaurant?

2. Ethical =

- Behavior expected by the group or profession
- Practical, shared principles promoting fairness & expectations



http://www.sai-iowa.org/Educator%20Ethics%20Facilitator%20Handbook%202017.pdf





Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 27

27

Which Standard Is It? – "Moral" vs. "Ethical"

1. Moral =

- Principles to judge right and wrong
- Often used to define personal character
- More abstract, subjective, more personal, may or may not be religious

A teacher calls in sick to extend her vacation.



2. Ethical =

- Behavior expected by the group or profession
- Practical, shared principles promoting fairness & expectations



http://www.sai-iowa.org/Educator%20Ethics%20Facilitator%20Handbook%202017.pdf





Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 28

Which Standard Is It? - "Moral" vs. "Ethical"

1. Moral =

- Principles to judge right and wrong
- Often used to define personal character
- More abstract, subjective, more personal, may or may not be religious

A coach posts pictures of herself online wearing only a bikini while on a beach vacation?

2. Ethical =

- Behavior expected by the group or profession
- Practical, shared principles promoting fairness & expectations



http://www.sai-iowa.org/Educator%20Ethics%20Facilitator%20Handbook%202017.pdf





Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 29

29

Code of Conduct vs. Code of Ethics

- Similarities: Self-regulation and guidance of (un)acceptable behaviors
- Code of Conduct outlines specific behaviors that are required or prohibited and govern actions
- Code of Ethics outlines a set of principles that influence decision making





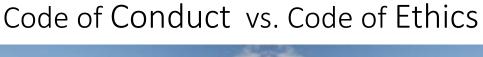
 $\underline{\text{http://smallbusiness.chron.com/difference-between-code-ethics-conduct-2724.html}}$

https://www.whistleblowersecurity.com/code-of-ethics-and-code-of-conduct-whats-the-difference/





Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 30





31

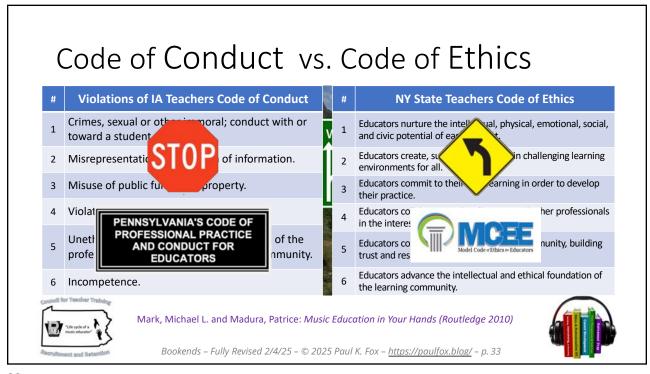
Code of Conduct vs Code of Ethics

#	Violations of IA Teachers Code of Conduct	#	NY State Teachers Code of Ethics
1	Crimes, sexual or other immoral; conduct with or toward a student.	V 1	Educators nurture the intellectual, physical, emotional, social, and civic potential of each student.
2	Misrepresentation, falsification of information.	2	Educators create, support, and maintain challenging learning environments for all.
3	Misuse of public funds and property.	3	Educators commit to their own learning in order to develop their practice.
4	Violations of contractual obligations.	4	Educators collaborate with colleagues and other professionals in the interest of student learning.
5	Unethical practice toward other members of the profession, parents, students, and the community.	5	Educators collaborate with parents and community, building trust and respecting confidentiality.
6	Incompetence.		Educators advance the intellectual and ethical foundation of the learning community.

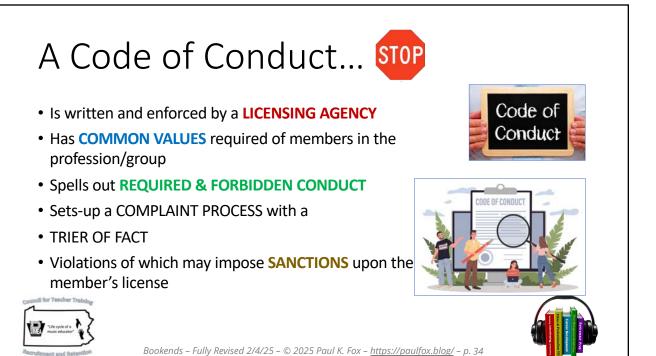
32

https://paulfox.blog/

Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 32



33



Licensing Agency

§ 235.1. Mission

The Professional Standards and Practices Commission (PSPC) is committed to providing leadership for improving the quality of education in this Commonwealth by establishing high standards for preparation, certification, practice and ethical conduct in the teaching norgiession.

§ 235.2. Introduction.

- Professional conduct defines interactions between the individual educator and students, the employing agencies and other professionals. Generally, the responsibility for professional conduct rests with the individual conduct rests with the individual educator. However, in this Commonwealth, the Professional Standards and Practices Standards and Practices
 Commission (PSPC) is charged with
 the duty to adopt and maintain a
 code for professional practice and
 conduct that shall be applicable to
 any educator. See section 5(a)(10)
 of the Educator Discipline Act (act)
 (24 P.S. § 2070.5(a)(10)).
- In recognition of the magnitude of the responsibility inherent in the education process and by virtue of the desire to maintain the respect and confidence of their colleagues students, parents and the community, educators shall be guided in their conduct by their commitment to their students. colleagues and profession.

Violations of any of the duties prescribed by this chapter may be used as supporting evidence in disciplinary proceedings conducted by or on behalf of the PSPC under the act. Violations of this chapter may also be an independent basis for a public or private reprimand. Discipline for conduct that constitutes both a basis for discipline under the act and an independent basis for discipline under this chapter shall not be limited to a public or private reprimand. Nothing in this chapter shall be construed to otherwise limit the Department of Education's authority to initiate an action under the act to suspend, revoke or otherwise discipline an educator's certificate or employment eligibility, or both. the act. Violations of this chapter eligibility, or both.

d. Nothing in this chapter shall be Nothing in this chapter shall be construed or interpreted to require an educator to violate any of the doctrines, tenets, policies, or practices of any religious or religiously-affiliated school in which that educator is employed.

The following words and terms, when used in this chapter, have the following meanings, unless the context clearly indicates otherwise:

Act—The Educator Discipline Act (act) (24 P.S. §§ 2070.1a—2070.18c).

Boundaries—The verbal, physical, emotional and social distances between an educator and a student.

Educator-As defined in section 1.2 of the act (24 P.S. § 2070.1b).

Electronic communication—A communication transmitted by means of an electronic device such as a telephone, cellular telephone, computer, computer network, personal data

istant or pager, including e-ma communications made by means of an Internet web site, such as social media and social networking web sites, or mobile device applications.

Harm—The impairment of learning or any physical, emotional, psychological sexual or intellectual damage to a student or a member of the school community.

School entity—As defined in section 1.2 of the act (24 P.S. § 2070.1b).

Sexual misconduct-As defined in section 1.2 of the act (24 P.S. § 2070.1b).

Unauthorized drugs—Any controlled substance or other drug possessed by a person not authorized by law to possess such controlled substance or other drug.

§ 235.5a. Commitment to students.

- a. The primary professional obligation of educators is to the students they
- b. In fulfillment of the commitment to students, educators:
 - 1. Shall exercise their rights and powers in good faith and for the benefit of the student.
 - Shall maintain appropriate professional relationships and boundaries with all students at all times, both in and outside the classroom.
 - Shall not sexually harass students or engage in sexual misconduct.
 - 4. Shall exert reasonable effort to protect students from
 - Shall not intentionally expose a student to disparagement.

- Shall exhibit consistent and equitable treatment and shall not unlawfully discriminate against students.
- 7. Shall not interfere with a student's exercise of political or civil rights and responsibilities.
- Shall not knowingly or intentionally distort or misrepresent evaluations of students or facts regarding students.
- 9. Shall not knowingly or intentionally misrepresent subject matter or curriculum.
- 10. Shall respect a student's right to privacy and comply with all Federal and State laws and regulations, and local policies concerning student records and confidential communications of students. of students.
- 11. Shall not be on school Shall not be on school premises or at a school-related activity involving students, while under the influence of, possessing or consuming alcoholic beverages or illegal or unauthorized drugs.
- 12. Shall not furnish, provide, or encourage students or underage persons to use, possess or unlawfully distribute alcohol, tobacco. distribute alcohol, tobacco, vaping products, illegal or unauthorized drugs or knowingly allow any student or underage person to consume alcohol, tobacco, vaping products, or illegal or unauthorized drugs in the presence of the educator.

Our PA

Code Conduct

page 1





35

Sanctions ("the teeth")

§ 233.1. Mission.
The Professional Standards and
Practices Commission (PSPC) is
committed to providing leadership for
improving the quality of education in this
Commonwealth by establishing high
standards for preparation, certification,
practice and ethical conduct in the
teaching profession.

§ 235.2. Introduction

- Professional conduct defines interactions between the individual educator and students, the employing agencies and other professionals. Generally, the responsibility for professional expedit care with the professional conduct rests with the individual educator. However, in this Commonwealth, the Professional Standards and Practices Standards and Practices
 Commission (PSPC) is charged with
 the duty to adopt and maintain a
 code for professional practice and
 conduct that shall be applicable to
 any educator. See section 5(a)(10)
 of the Educator Discipline Act (act)
 (24 P.S. § 2070.5(a)(10)).
- In recognition of the magnitude of the responsibility inherent in the education process and by virtue of the desire to maintain the respect and confidence of their colleagues, students, parents and the community, educators shall be guided in their conduct by their commitment to their students, colleagues and profession.

- Violations of any of the duties prescribed by this chapter may be used as supporting evidence in disciplinary proceedings conducted by or on behalf of the PSPC under by or on behalf of the PSPC under the act. Violations of this chapter may also be an independent basis for a public or private reprimand. Discipline for conduct that constitutes both a basis for discipline under the act and an independent basis for discipline under the act and an independent basis for discipline under this chapter shall not be limited to a public or private reprimand. Nothing in this chapter shall be construed to otherwise limit the Department of Education's authority to initiate an action under the act to suspend, revoke or otherwise discipline an aducator's certificate or employment eligibility, or both.
- d. Nothing in this chapter shall be Nothing in this chapter shall be construed or interpreted to require an educator to violate any of the doctrines, tenets, policies, or practices of any religious or religiously-affiliated school in which that educator is employed.

§ 235.3a. Definitions

The following words and terms, when used in this chapter, have the following meanings, unless the context clearly indicates otherwise:

Boundaries—The verbal, physical, emotional and social distances between an educator and a student.

Educator-As defined in section 1.2 of the act (24 P.S. § 2070.1b).

Electronic communication—A communication transmitted by means of an electronic device such as a telephone, cellular telephone, computer, computer network, personal data

assistant or pager, including e-mails text messages, instant messages and communications made by means of an Internet web site, such as social media and social networking web sites, or mobile device applications.

Harm—The impairment of learning or any physical, emotional, psychological sexual or intellectual damage to a student or a member of the school community.

School entity—As defined in section 1.2 of the act (24 P.S. § 2070.1b).

Sexual misconduct—As defined in section 1.2 of the act (24 P.S. § 2070.1b).

Unauthorized drugs—Any controlled substance or other drug possessed by a person not authorized by law to possess such controlled substance or other drug.

§ 235.5a. Commitment to students.

- a. The primary professional obligation of educators is to the students they
- b. In fulfillment of the commitment to students, educators:
 - 1. Shall exercise their rights and powers in good faith and for the benefit of the student.
 - Shall maintain appropriate professional relationships and boundaries with all students at all times, both in and outside the classroom.
 - Shall not sexually harass students or engage in sexual misconduct.
 - 4. Shall exert reasonable effort to protect students from
 - Shall not intentionally expose a student to disparagement.

- Shall exhibit consistent and equitable treatment and shall not unlawfully discriminate against students.
- 7. Shall not interfere with a student's exercise of political or civil rights and responsibilities.
- Shall not knowingly or intentionally distort or misrepresent evaluations of students or facts regarding students.
- 9. Shall not knowingly or intentionally misrepresent subject matter or curriculum.
- Shall respect a student's right to privacy and comply with all Federal and State laws and regulations, and local policies concerning student records and confidential communications of students.
- 11. Shall not be on school Shall not be on school premises or at a school-related activity involving students, while under the influence of, possessing or consuming alcoholic beverages or illegal or unauthorized drugs.
- 12. Shall not furnish, provide, or encourage students or underage persons to use, possess or unlawfully distribute alcohol, tobacco. distribute alcohol, tobacco, vaping products, illegal or unauthorized drugs or knowingly allow any student or underage person to consume alcohol, tobacco, vaping products, or illegal or unauthorized drugs in the presence of the educator.

Our PA

Code Conduct

page 1





Common

§ 235.1. Mission.

The Professional Standards and Practices Commission (PSPC) is committed to providing leadership for improving the quality of education in this Commonwealth by establishing high standards for preparation, certification, practice and ethical conduct in the teaching profession. **Values**

§ 235.2. Introduction.

- Professional conduct defines interactions between the individual educator and students, the employing agencies and other professionals. Generally, the responsibility for professional conduct rests with the individual educator. However, it bits Standards and Practices Commission (PSPC) is charged with Commission (PSPC) is charged with the duty to adopt and maintain a code for professional practice and conduct that shall be applicable to any educator. See section 5(a)(10) of the Educator Discipline Act (act) (24 P.S. § 2070.5(a)(10)).
- (24 P.S. § 2070.5(a)(10)). In recognition of the magnitude of the responsibility inherent in the education process and by virtue of the desire to maintain the respect and confidence of their colleagues, students, parents and the community, educators shall be guided in their conduct by their commitment to their students, colleagues and profession.

Violations of any of the duties prescribed by this chapter may be used as supporting evidence in disciplinary proceedings conducted by or on behalf of the PSPC under the act. Violations of this chapter may also be an independent basis for a public or private reprimand. Discipline for conduct that constitutes both a basis for discipline under the act and an independent basis for discipline under the sact and an independent basis for discipline under this chapter shall not be limited to a public or private reprimand. Nothing in this chapter shall be construed to otherwise limit the Department of Education's authority to initiate an action under the act to suspend, revoke or otherwise discipline an educator's certificate or employment eligibility, or both. the act. Violations of this chapter eligibility, or both.

d. Nothing in this chapter shall be Nothing in this chapter shall be construed or interpreted to require an educator to violate any of the doctrines, tenets, policies, or practices of any religious or religiously-affiliated school in which that educator is employed.

The following words and terms, when used in this chapter, have the following meanings, unless the context clearly indicates otherwise:

Act—The Educator Discipline Act (act) (24 P.S. §§ 2070.1a—2070.18c).

Boundaries—The verbal, physical, emotional and social distances between an educator and a student.

Educator-As defined in section 1.2 of the act (24 P.S. § 2070.1b).

Electronic communication—A communication transmitted by means of an electronic device such as a telephone, cellular telephone, computer, computer network, personal data

istant or pager, including e-ma communications made by means of an Internet web site, such as social media and social networking web sites, or mobile device applications.

Harm—The impairment of learning or any physical, emotional, psychological sexual or intellectual damage to a student or a member of the school community.

School entity—As defined in section 1.2 of the act (24 P.S. § 2070.1b).

Sexual misconduct-As defined in section 1.2 of the act (24 P.S. § 2070.1b).

Unauthorized drugs—Any controlled substance or other drug possessed by a person not authorized by law to possess such controlled substance or other drug.

§ 235.5a. Commitment to students.

- The primary professional obligation of educators is to the students they
- In fulfillment of the commitment to students, educators:
 - 1. Shall exercise their rights and powers in good faith and for the benefit of the student.
 - Shall maintain appropriate professional relationships and boundaries with all students at all times, both in and outside the classroom.
 - Shall not sexually harass students or engage in sexual misconduct.
 - 4. Shall exert reasonable effort to protect students from
 - Shall not intentionally expose a student to disparagement.

- Shall exhibit consistent and equitable treatment and shall not unlawfully discriminate against students.
- 7. Shall not interfere with a student's exercise of political or civil rights and responsibilities.
- Shall not knowingly or intentionally distort or misrepresent evaluations of students or facts regarding students.
- 9. Shall not knowingly or intentionally misrepresent subject matter or curriculum.
- 10. Shall respect a student's right to privacy and comply with all Federal and State laws and regulations, and local policies concerning student records and confidential communications of students. of students.
- 11. Shall not be on school Shall not be on school premises or at a school-related activity involving students, while under the influence of, possessing or consuming alcoholic beverages or illegal or unauthorized drugs.
- 12. Shall not furnish, provide, or encourage students or underage persons to use, possess or unlawfully distribute alcohol, tobacco. distribute alcohol, tobacco, vaping products, illegal or unauthorized drugs or knowingly allow any student or underage person to consume alcohol, tobacco, vaping products, or illegal or unauthorized drugs in the presence of the educator.

Our PA

Code Conduct

page 1





37

§ 235.1. Mission.

§ 233.1. Mission.
The Professional Standards and
Practices Commission (PSPC) is
committed to providing leadership for
improving the quality of education in this.
Commonwealth by establishing high
standards for preparation, certification,
practice and ethical conduct in the
teaching profession.

§ 235.2. Introduction

- Professional conduct defines interactions between the individual educator and students, the employing agencies and other professionals. Generally, the responsibility for professional expedit care with the professional conduct rests with the individual educator. However, in this Commonwealth, the Professional Standards and Practices Standards and Practices
 Commission (PSPC) is charged with
 the duty to adopt and maintain a
 code for professional practice and
 conduct that shall be applicable to
 any educator. See section 5(a)(10)
 of the Educator Discipline Act (act)
 (24 P.S. 8, 2070.5(a)(10) (24 P.S. § 2070.5(a)(10)).
- In recognition of the magnitude of the responsibility inherent in the education process and by virtue of the desire to maintain the respect and confidence of their colleagues, students, parents and the community, educators shall be guided in their conduct by their commitment to their students, colleagues and profession.

- Violations of any of the duties prescribed by this chapter may be used as supporting evidence in disciplinary proceedings conducted by or on behalf of the PSPC under the act. Violations of this chapter may also be an independent basis for a public or private reprimand. Discipline for conduct that constitutes both a basis for discipline under the act and an independent basis for discipline under the cat and an independent basis for discipline under the chapter shall not be limited to a public or private reprimand. Nothing in this chapter shall be construed to otherwise limit the Department of Education's authority to initiate an action under the act to suspend, revoke or otherwise discipline an educator's certificate or employment eligibility, or both. the act. Violations of this chapter eligibility, or both.
- d. Nothing in this chapter shall be Nothing in this chapter shall be construed or interpreted to require an educator to violate any of the doctrines, tenets, policies, or practices of any religious or religiously-affiliated school in which that educator is employed.

§ 235.3a. Definitions. New

The following words and terms, when used in this chapter, have the following ngs, unless the context clearly indicates otherwise:

Act—The Educator Discipline Act (act) (24 P.S. §§ 2070.1a—2070.18c).

Boundaries—The verbal, physical, emotional and social distances between an educator and a student.

Educator-As defined in section 1.2 of the act (24 P.S. § 2070.1b).

Electronic communication—A communication transmitted by means of an electronic device such as a telephone, cellular telephone, computer, computer network, personal data

assistant or pager, including e-mails, text messages, instant messages and communications made by means of an Internet web site, such as social media and social networking web sites, or mobile device applications.

Harm—The impairment of learning or any physical, emotional, psychological sexual or intellectual damage to a student or a member of the school

School entity—As defined in section 1.2 of the act (24 P.S. § 2070.1b).

Sexual misconduct—As defined in section 1.2 of the act (24 P.S. §

Unauthorized drugs—Any controlled substance or other drug possessed by a person not authorized by law to possess such controlled substance or other drug.

§ 235.5a. Commitment to students.

- a. The primary professional obligation of educators is to the students they
- b. In fulfillment of the commitment to students, educators:
 - 1. Shall exercise their rights and powers in good faith and for the benefit of the student.
 - Shall maintain appropriate professional relationships and boundaries with all students at all times, both in and outside the classroom.
 - Shall not sexually harass students or engage in sexual misconduct.
 - 4. Shall exert reasonable effort to protect students from
 - Shall not intentionally expose a student to disparagement.

- Shall exhibit consistent and equitable treatment and shall not unlawfully discriminate against students.
- 7. Shall not interfere with a student's exercise of political or civil rights and responsibilities.
- Shall not knowingly or intentionally distort or misrepresent evaluations of students or facts regarding students.
- 9. Shall not knowingly or intentionally misrepresent subject matter or curriculum.
- Shall respect a student's right to privacy and comply with all Federal and State laws and regulations, and local policies concerning student records and confidential communications of students.
- 11. Shall not be on school Shall not be on school premises or at a school-related activity involving students, while under the influence of, possessing or consuming alcoholic beverages or illegal or unauthorized drugs.
- 12. Shall not furnish, provide, or encourage students or underage persons to use, possess or unlawfully distribute alcohol, tobacco. distribute alcohol, tobacco, vaping products, illegal or unauthorized drugs or knowingly allow any student or underage person to consume alcohol, tobacco, vaping products, or illegal or unauthorized drugs in the presence of the educator.

Our PA

Code Conduct

page 1





§ 235.1. Mission.

g 233.1. Mission.
The Professional Standards and
Practices Commission (PSPC) is
committed to providing leadership for
improving the quality of education in this
Commonwealth by establishing high
standards for preparation, certification,
practice and ethical conduct in the
teaching profession.

§ 235.2. Introduction

- Professional conduct defines interactions between the individual educator and students, the employing agencies and other professionals. Generally, the responsibility for professional conduct rests with the individual conduct rests with the individual educator. However, in this Commonwealth, the Professional Standards and Practices Standards and Practices
 Commission (PSPC) is charged with
 the duty to adopt and maintain a
 code for professional practice and
 conduct that shall be applicable to
 any educator. See section 5(a)(10)
 of the Educator Discipline Act (act)
 (24 P.S. § 2070.5(a)(10)).
- In recognition of the magnitude of the responsibility inherent in the education process and by virtue of the desire to maintain the respect and confidence of their colleagues, students, parents and the community, educators shall be guided in their conduct by their commitment to their students. colleagues and profession.

Violations of any of the duties prescribed by this chapter may be used as supporting evidence in disciplinary proceedings conducted by or on behalf of the PSPC under the act. Violations of this chapter may also be an independent basis for a public or private reprimand. Discipline for conduct that constitutes both a basis for discipline under the act and an independent basis for discipline under the sact and an independent basis for discipline under this chapter shall not be limited to a public or private reprimand. Nothing in this chapter shall be construed to otherwise limit the Department of Education's authority to initiate an action under the act to suspend, revoke or otherwise discipline an educator's certificate or employment eligibility, or both. the act. Violations of this chapter eligibility, or both.

d. Nothing in this chapter shall be Nothing in this chapter shall be construed or interpreted to require an educator to violate any of the doctrines, tenets, policies, or practices of any religious or religiously-affiliated school in which that educator is employed.

The following words and terms, when used in this chapter, have the following meanings, unless the context clearly indicates otherwise:

Act—The Educator Discipline Act (act) (24 P.S. §§ 2070.1a—2070.18c).

Boundaries—The verbal, physical, emotional and social distances between an educator and a student.

Educator-As defined in section 1.2 of the act (24 P.S. § 2070.1b).

Electronic communication—A communication transmitted by means of an electronic device such as a telephone, cellular telephone, computer, computer network, personal data

istant or pager, including e-ma communications made by means of an Internet web site, such as social media and social networking web sites, or mobile device applications.

Harm—The impairment of learning or any physical, emotional, psychological sexual or intellectual damage to a student or a member of the school community.

School entity—As defined in section 1.2 of the act (24 P.S. § 2070.1b).

Sexual misconduct-As defined in section 1.2 of the act (24 P.S. § 2070.1b).

Unauthorized drugs—Any controlled substance or other drug possessed by a person not authorized by law to possess such controlled substance or other drug.

§ 235.5a. Commitment to students.

- a. The primary professional obligation of educators is to the students they serve. Conduct
- b. In fulfillment of the commitment to students, educators:
 - 1. Shall exercise their rights and powers in good faith and for the benefit of the student.
 - Shall maintain appropriate professional relationships and boundaries with all students at all times, both in and outside the classroom.
 - Shall not sexually harass students or engage in sexual misconduct.
 - 4. Shall exert reasonable effort to protect students from
 - Shall not intentionally expose a student to disparagement.

- Shall exhibit consistent and equitable treatment and shall not unlawfully discriminate against students.
- 7. Shall not interfere with a student's exercise of political or civil rights and responsibilities.
- Shall not knowingly or intentionally distort or misrepresent evaluations of students or facts regarding students.
- 9. Shall not knowingly or intentionally misrepresent subject matter or curriculum.
- 10. Shall respect a student's right to privacy and comply with all Federal and State laws and regulations, and local policies concerning student records and confidential communications of students. of students.
- Shall not be on school premises or at a school-related activity involving students, while under the influence of, possessing or consuming alcoholic beverages or illegal or unauthorized drugs.
- unauthorized drugs.

 12. Shall not furnish, provide, or encourage students or underage persons to use, possess or unlawfully distribute alcohol, tobacco, vaping products, illegal or unauthorized drugs or knowingly allow any student or underage person to consume alcohol, tobacco, vaping products, or illegal or unauthorized drugs in the presence of the educator.

Our PA

Code Conduct

page 1





39

Shall refrain from inappropriate communication with a student or minor, including, inappropriate communication achieved by electronic communication achieved by electronic communication includes communication includes communication that are sexually explicit, that include images, depictions, jokes, stories or other remarks of a sexualized nature, that can be reasonably interpreted as flirting or soliciting sexual contact or a romantic relationship, or that comment on the physical or sexual attractiveness or the romantic or sexual history, activities, preferences, desires or fantasies of either the educator or the student. Factors that may be considered in assessing whether other communication is inappropriate include: i. the nature, purpose,

- i. the nature, purpose, timing and amount/extent of the communication;
- ii. the subject matter of the
- iii. whether the communication was made openly or the educator attempted to

The Code of Professional Practice and conduct for Educators can be found at 22 Pa. Code §§235.1 - 235.5c.

estions should be directed to the ssional Standards and Practices ommission at (717) 787-6576.

§ 235.5b. Commitment to

In fulfillment of the commitment to colleagues, educators:

- Shall not knowingly and intentionally deny or impede a colleague in the exercise or enjoyment of a professional right or privilege in being an educator.
- Shall not knowingly and intentionally distort evaluations of colleagues.
- 3. Shall not sexually harass a
- 4. Shall not unlawfully discriminate against colleagues.
- 5. Shall not interfere with a colleague's exercise of political or civil rights and responsibilities.
- Shall not use coercive means or promise special treatment to influence professional decisions of colleagues.
- snall not threaten, coerce or discriminate against a colleague who in good faith reports or discloses to a governing agency actual or suspected violations of law, agency regulations or standards.
- Shall respect a colleague's right to privacy and comply with all Federal and State laws and regulations, and local policies concerning confidential health or personnel information.

§ 235.5c. Commitment to the

In fulfillment of the commitment to the

- Shall comply with all Federal, State, and local laws and regulations and with written school entity policies.
- 2. Shall apply for, accept or assign a position or a responsibility on the basis of professional qualifications and abilities.
- Shall not knowingly assist entry into or continuance in the education profession of a unqualified person or recommend for employment a person who is not certificated appropriately for the position.
- eppropriately for the position.

 Shall not intentionally or knowingly flatify a document or intentionally or knowingly make a misrepresentation on a matter related to education, criminal history, certification, employment, employment evaluation or professional duties.
- Shall not falsify records or direct or coerce others to do
- Shall not knowingly or intentionally withhold evidence from the proper authorities and shall cooperate fully during official investigations and

- Shall comply with all local,
 State or Federal procedures
 related to the security of
 standardized tests, test
 supplies or resources.
 Educators shall not
 intentionally or knowingly
 commit, and shall use
 reasonable efforts to prevent,
 any act that breaches test
 security or compromises the
 integrity of the assessment,
 including copying or teaching
 identified test items, publishing
 or distributing test items or
 answers, discussing test items,
 providing unauthorized
 assistance to students,
 unauthorized alteration of test
 responses, results or data, and
 violation from the security of the security or
 desired in the security of the securit responses, results or data, and violating local school board or State directions for the use of
- Shall not accept or offer gratuities, gifts or favors that impair or appear to influence professional judgment, decisions, or actions or to obtain special advantage. This section shall not restrict the acceptance of de minimis gifts.
- Shall not exploit professional relationships with students, parents or colleagues for personal gain or advantage.
- Shall use school funds, property, facilities, and resources only in accordant with local policies and local, State and Federal laws.

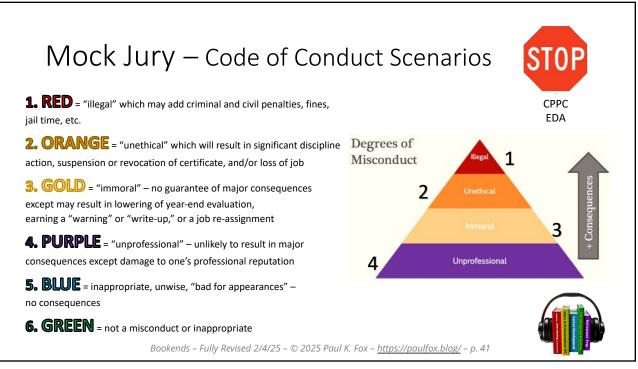
Our PA

Code of Conduct

page 2







41

Scenario: "Counseling Sessions"

Reflections:

- A. What possible issues/concerns might this scenario raise?
- B. How could this situation become a violation of the law, the "Code" or other school/district policies?
- C. In this situation, what are some potential negative consequences for the teacher and the student?

JURY: What is your judgement?

How do you find?



Mrs. K is a high school teacher whose husband recently divorced her. During a lesson one day, Mrs. K breaks down emotionally in front of her class. To calm everybody, she explains her emotional state to her students and discusses the end of her marriage. After school that day, a male student visits Mrs. K to see if she has recovered. The student explains that his parents are also divorcing, and he understands her feelings. The student begins stopping in to see Mrs. K more frequently and the pair begins spending more time outside of class supporting each other. Her colleagues become suspicious of her relationship with the student and report the teacher's actions to their principal.

42

Scenario: "Counseling Sessions"

Reflections:

- What possible issues/concerns might this scenario raise?
- How could this situation become a violation of the law, the "Code" or other school/district policies?
- In this situation, what are some potential negative consequences for the teacher and the student?

JURY: What is your judgement? How do you find?



Mrs. K is a high school teacher whose husband recently divorced her. During a lesson one day, Mrs. K breaks down emotionally in front of her class. To calm everybody, she explains her emotional state to her students and discusses

the end of student vis explains th understand

Ethlics Violation — JOB LOSS?

male he student

pina in to

see Mrs. K more frequently and the pair begins spending more time outside of class supporting each other. Her colleagues become suspicious of her relationship with the student and report the teacher's actions to their principal.

CPPC: 235.5a (b) 2 "boundaries"

43

43

Scenario: "Contest Winner... or Loser"

Reflections:

- What possible issues/concerns might this scenario raise?
- How could this situation become a violation of the law, the "Code" or other school/district policies?
- In this situation, what are some potential negative consequences for the teacher and the student?

JURY: What is your judgement?

How do you find?



Jane S. was a first-year second-grade teacher who took a sick day to compete in a bikini contest on the Howard Stern show. In addition to appearing in a bikini on the show, Mrs. S. also discussed her sexual relationship with her husband.

Scenario: "Contest Winner... or Loser"

Reflections:

- A. What possible issues/concerns might this scenario raise?
- B. How could this situation become a violation of the law, the "Code" or other school/district policies?
- C. In this situation, what are some potential negative consequences for the teacher and the student?

JURY: What is your judgement?

How do you find?



Jane S. was a first-year second-grade
teacher who took a sick day to compete
in a bik
show. I
bikini on the show, who so a sick day to compete
a

JOB LOSS!
bikini on the show, who so a sick day to compete
a

Stern
a

discussed her sexual relationship with
her husband.

CPPC: 235.5a (b) 13 and violation of contract

45

45

Scenario: "Off-Duty Infraction"

Reflections:

- A. What possible issues/concerns might this scenario raise?
- B. How could this situation become a violation of the law, the "Code" or other school/district policies?
- C. In this situation, what are some potential negative consequences for the teacher and the student?

JURY: What is your judgement?

How do you find?



James C. is a middle school teacher who was arrested for drunk driving. He goes to court and is found guilty of the offense. When the district moves to have him fired for his second-time DUI conviction, Mr. C argues that this offense has no influence over his ability to instruct his students. Also, the violation happened during the weekend on his private time.

46

his

Scenario: "Off-Duty Infraction"

"If the report of criminal history record information or a form submitted by an employe under subsection (j) indicates the person has been convicted more than once for an offense under 75 Pa.C.S. § 3802(a), (b), (c) or (d) (relating to driving under influence of alcohol or controlled substance) and the offense is graded as a misdemeanor of the first degree under 75 Pa.C.S. § 3803 (relating to grading), the person shall be eligible for current or prospective employment only if a period of three years has elapsed from the date of expiration of the sentence for the most recent offense."

- Public School Code of 1949



James C. is a middle school teacher who was arrested for drunk driving. He goes to court and is n the **Ethics Violation &**

district **Criminal Penalties –** second that th **JOB LOSS!**

ability to metract me stauchts. Also, the violation happened during the weekend on his private time.

PA CPPC Section 235.5c, 1 and Public School Code of 1949, Section 111, e, 2.47

47

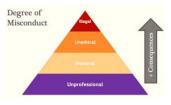
Scenario: "Musical Relations"

Reflections:

- What possible issues/concerns might this scenario raise?
- How could this situation become a violation of the law, the "Code" or other school/district policies?
- In this situation, what are some potential negative consequences for the teacher and the student?

JURY: What is your judgement?

How do you find?



Melissa S. was a 23-year-old high school music teacher who also supervised the production of the school musical. After months of practices, Miss S. became very close to several seniors including David, the male lead in the musical. She and David began sharing emails and texts with one another. Most of the communication was playfully flirtatious but not overtly sexual. Immediately after graduation, however, Miss S. and David began dating and became sexually intimate. After discovering the relationship, David's parents filed a complaint with the district superintendent.

Scenario: "Musical Relations"

Reflections:

- A. What possible issues/concerns might this scenario raise?
- B. How could this situation become a violation of the law, the "Code" or other school/district policies?
- C. In this situation, what are some potential negative consequences for the teacher and the student?

JURY: What is your judgement?

How do you find?



Melissa S. was a 23-year-old high school music teacher who also supervised the production of the school musical. After months of practices, Miss S. became very close to several seniors including David, the male lead in the Ethnice William — ring

Ethics Violation – JOB LOSS!

ot overtly

sexual. Immediately after graduation, however, Miss S. and David began dating and became sexually intimate. After discovering the relationship, David's parents filed a complaint with the district superintendent.

CPPC: 235.5a (b) 13

emails an

communid

49

49

The Teacher-Student Relationship



- Trust has evolved into the operative foundation of the relationship of students with their teachers.
- The duty of teachers is to act as a fiduciary in their students' best interest and to create and maintain a safe environment for their students.
- When a teacher enters into an inappropriate relationship with a student (e.g., "confidant" or "friend"), the teacher violates the recognized student-teacher "boundary."
- Teachers must also ensure that their **colleagues** conform to the appropriate standard of ethical practice as well.





Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 50

Vulnerabilities – Ambiguous Relationships



- Teachers who are experiencing difficulties in their personal lives or are socially or emotionally immature may be particularly susceptible to the "slippery slope." Examples: viewing students as peers or lack of personal crisis skills
- 2. Dangers to rookie or new educators:
 - Inexperience
 - Near students' ages looking like one of them
 - Sharing common interests and music preferences
 - · Overlapping circle of friends
- 3. "Cool" factor (looked up to, "fad, mod, stylish...")





Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 51

51

A Code of Ethics



Not defined in exact terms of law or policies

Not a focus of family **morals or values** on which you were raised

Not about issues of right/wrong or black/white, but shades of grey

More **open-ended:** a selection from a set of possible choices

Reflects on decision-making depended on the circumstances of the situation









Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 52

Model Code of Ethics for Educators



- National Association of State Directors of Teacher Education and Certification
- Principles
 - I. Responsibility to the Profession
 - II. Responsibility for Professional Competence
 - III. Responsibility to Students
 - IV. Responsibility to the School Community
 - V. Responsible and Ethical Use of Technology

- ► First draft unveiled in 2015 Updated in 2021
- ▶ 5 Principles
- ▶ 18 Sections
- ▶ 86 Standards





Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 53

53

Model Code of Ethics for Educators



- National Association of State Directors of Teacher Education and Certification
- Principles
 - I. Responsibility to the Profession
 - II. Responsibility for Professional Competence
 - III. Responsibility to Students
 - IV. Responsibility to the School Community
 - V. Responsible and Ethical Use of Technology

Development Partners

- ► American Association of Colleges of Teacher Education
- ► American Federation of Teachers
- ► Association of Teacher Educators
- ► Council for Accreditation of Educator Preparation
- ► Council of Chief State School Officers
- ▶ National Association of Elementary School Principals
- ▶ National Association of Secondary School Principals
- ▶ National Board of Professional Teaching Standards
- ► National Education Association
- ▶ National Network of State Teachers of the Year



PA Board of Education endorsed MCEE in January 2017. It was fully adopted by PDE in 2021.

https://www.pspc.education.pa.gov/Documents/Statutes%20Regs%20Forms/Model%20Cod

Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 54





"I didn't know it was wrong..." I. A. 7.

PRINCIPLE I

RESPONSIBILITY TO THE PROFESSION

upon a level of professional responsibility that may be higher than the minimal standard of policy and law. This responsibility entails holding oneself and other educators to the same ethical standards

A. The professional educator demonstrates responsibility to oneself and the profession by

- 1. Holding oneself responsible to Model Code of Ethics for Educators (MCEE) and other recognized professional ethics standards;
- 2. Knowing and upholding the procedures, policies and laws relevant
- to professional practice regardless of personal views;
 3. Monitoring and maintaining sound mental, physical and emotiona health necessary to perform duties and services of any professional assignment and taking appropriate measures when personal or
- health-related issues may interfere with work-related duties;

 4. Refraining from professional or personal activity that may lead to reducing one's effectiveness within the school community;
 - Refraining from using one's position for personal gain and avoiding the appearance of impropriety;
 - Taking responsibility and credit only for work actually performed or produced, and acknowledging the work and contributions made by others; and

Recognizing a lack of knowledge or understanding of the MCEE is not, in itself, a defense of unprofessional conduct

B. The professional educator fulfills the obligation to address and ttempt to resolve ethical issues by:

- 1. Identifying and taking reasonable steps to resolve conflicts between the MCEE and the implicit or explicit demands of a person or organization;
- 2. Maintaining fidelity to the MCEE by taking proactive steps when having reason to believe that another educator may be approaching or involved in an ethically compromising situation;
- 3. Refraining from discriminating or retaliating against a person on the basis of having made an ethics complaint;
- 4. Refraining from filing or encouraging frivolous ethics complaints
- 5. Cooperating fully and honestly during investigations and proceedings

C. The professional educator promotes and advances the profession within and beyond the school community by:

- 1. Engaging in respectful discourse regarding issues that impact the
- profession;
 2. Influencing and supporting decisions and actions that positively impact teaching and learning, educational leadership and student
- 3. Staying current with ethics guidelines and decisions from professional organizations and other relevant sources;
- Engaging with the greater educational community through professional organizations and associations; and
- 5. Advocating for adequate resources and facilities to ensure equitable opportunities for all members within the learning



"It wasn't against the law..." LA.4.

Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 55

55



"I just teach [subject]..."

PRINCIPLE II

RESPONSIBILITY FOR PROFESSIONAL COMPETENCE

The professional educator is committed to the highest levels of professional and ethical practice.

A. The professional educator demonstrates commitment to high standards of practice through:

- 1. Using the MCEE and other ethics codes unique to one's discipline to guide and frame educational decision-making;
- 2. Incorporating into one's practice state and national standards, including those specific to one's discipline:
- 3. Advocating for equitable educational opportunities for all students; 4. Accepting the responsibilities, performing duties and providing services corresponding to the area of certification, licensure and/or training of one's position;
- Reflecting upon and assessing one's professional skills, knowledge and competency on an ongoing basis; and 6. Committing to ongoing professional learning

...so don't ask me

- B. The professional educator demonstrates responsible use of data, materials, research, and assessment by:
 - 1. Recognizing others' work by appropriately citing data or materials from published, unpublished or electronic sources when disseminating information;
 - 2. Using appropriate assessments for the purposes for which they are intended and for which they have been validated to guide educational decisions:
 - 3. Conducting research in an ethical and responsible manner with appropriate permission and supervision:
 - Seeking and using evidence, instructional data, research and professional knowledge to inform practice:
 - 5. Creating, maintaining, disseminating, storing, retaining and disposing of records and data relating to one's research and practice, in accordance with, but not limited to, official guidance, policy and laws: and
 - 6. Using data, data sources, or findings accurately, reliably and

C. The professional educator demonstrates competence by acting in the best interest of all students by:

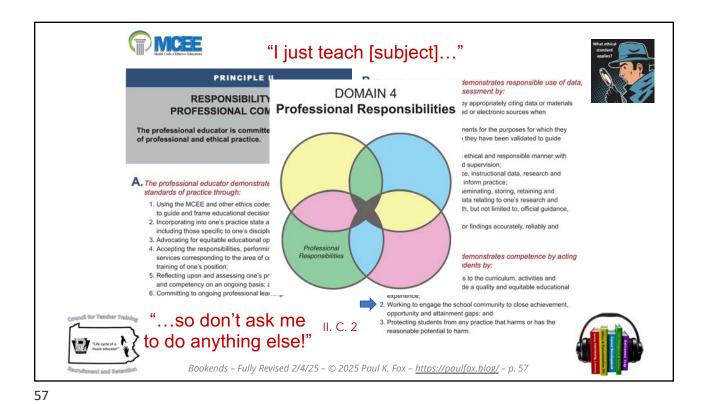
- 1. Increasing students' access to the curriculum, activities and resources in order to provide a quality and equitable educationa
- Working to engage the school community to close achievement. opportunity and attainment gaps; and
 3. Protecting students from any practice that harms or has the
 - reasonable potential to harm.

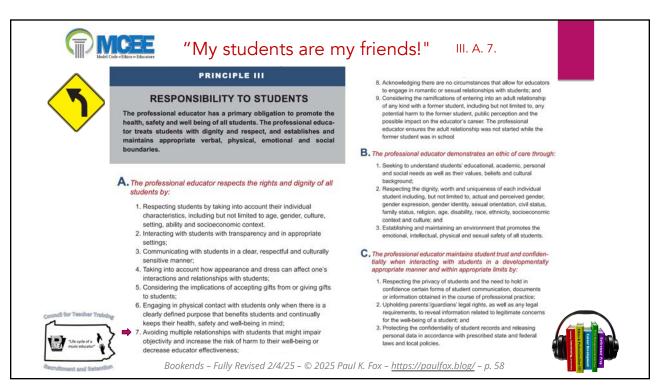




Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 56

II. C. 2







"Did you hear what happened in class today?" III. C. 1.

PRINCIPLE III

RESPONSIBILITY TO STUDENTS

health, safety and well being of all students. The professional edu tor treats students with dignity and respect, and establishes and maintains appropriate verbal, physical, emotional and social

A. The professional educator respects the rights and dignity of all

- 1. Respecting students by taking into account their individual characteristics, including but not limited to age, gender, culture, setting, ability and socioeconomic context.
- 2. Interacting with students with transparency and in appropriate settings;
- 3. Communicating with students in a clear, respectful and culturally sensitive manner:
- 4. Taking into account how appearance and dress can affect one's interactions and relationships with students:
- 5. Considering the implications of accepting gifts from or giving gifts
- to students: 6. Engaging in physical contact with students only when there is a clearly defined purpose that benefits students and continually keeps their health, safety and well-being in mind;
- 7. Avoiding multiple relationships with students that might impair objectivity and increase the risk of harm to their well-being or decrease educator effectiveness;

- Acknowledging there are no circumstances that allow for educators to engage in romantic or sexual relationships with students; and 9. Considering the ramifications of entering into an adult relationship
- of any kind with a former student, including but not limited to, any potential harm to the former student, public perception and the possible impact on the educator's career. The professional educator ensures the adult relationship was not started while the former student was in school

- 1. Seeking to understand students' educational, acad and social needs as well as their values, beliefs and cultural
- Respecting the dignity, worth and uniqueness of each individual student including, but not limited to, actual and perceived gender gender expression, gender identity, sexual orientation, civil status, family status, religion, age, disability, race, ethnicity, socioeconomic context and culture; and 3. Establishing and maintaining an environment that promotes the emotional, intellectual, physical and sexual safety of all students.

C. The professional educator maintains student trust and confidentiality when interacting with students in a deve appropriate manner and within appropriate limits by



- confidence certain forms of student communication, document or information obtained in the course of professional practice; 2. Upholding parents 'guardians' legal rights, as well as any legal requirements, to reveal information related to legitimate concer for the well-being of a student; and 3. Protecting the confidentiality of student records and releasing
- ersonal data in accordance with prescribed state and federal





59



"Don't ask for permission. Beg for forgiveness!"

PRINCIPLE IV

RESPONSIBILITY TO THE SCHOOL COMMUNITY

The professional educator promotes appropriate relationships and effective interactions with members of the school community.

relationships with parents/guardians by:

- 1. Communicating with parents/guardians in a timely, respectful and culturally sensitive manner that represents the students' best
- 2. Demonstrating a commitment to equality, equity, diversity and inclusion with parents/guardians;
- 3. Considering the implication of accepting gifts from or giving gifts to parents/guardians; and
- Maintaining appropriate confidentiality with respect to student information disclosed by or to parents/guardians unless required

B. The professional educator promotes appropriate and effective relationships with colleagues by:



- 1. Respecting colleagues as fellow professionals and maintaining civility when differences arise:
- 2. Resolving conflicts, whenever possible, privately and respectfully and in accordance with policy:

IV. C. 1. and...

- 3. Working to ensure a workplace environment that is free from
- 4. Collaborating with colleagues in a manner that supports academic achievement and related goals that promote the best interests of students;
- 5. Keeping student safety, education, and health paramount by maintaining and sharing educational records appropriately and objectively in accordance with local policies and state and federal
- 6. Enhancing the professional growth and development of new educators by supporting effective field experiences, mentoring or induction activities across the career continuum;
- 7. Ensuring educators who participate as mentors for new educators, cooperating teachers and leadership positions are prepared and supervised to assume these roles; and
- Demonstrating a commitment that educators are assigned to positions in accordance with their educational credentials, preparation and/or training to maximize students' opportunities

C. The professional educator promotes appropriate and effective elationships with the community and other stakeholders by

- Maintaining the highest professional standards of accuracy. honesty and appropriate disclosure of information whe representing the school or district within the community and in public communications;
 2. Advocating for policies and laws benefitting students and families
- within the school community; and 3. Collaborating with community agencies, organizations and
- individuals in order to advance students' best interests



Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 60



"Don't ask for permission. Beg for forgiveness!"

IV. D. 1-2.



PRINCIPLE IV cont.

RESPONSIBILITY TO THE SCHOOL COMMUNITY

The professional educator promotes appropriate relationships and effective interactions with members of the school



- 1. Exhibiting personal and professional conduct that is in the best interest of the organization, learning community, school community and
- 2. Using property, facilities, materials and resources in accordance with local policies and state and federal laws;

 - 3. Respecting intellectual property rights (e.g., original lesson plans, district level curricula, syllabi, gradebooks) when sharing materials; and 4. Considering the implications of offering or accepting gifts and/or preferential treatment by vendors or an individual in a position of professional influence or power.

E. The professional educator recognizes the problematic nature of multiple relationships by:

- Considering the risks that multiple relationships might impair objectivity, increase the likelihood of harm to students' learning and well-being, or diminish educator effectiveness:
- 2. Considering the risks and benefits of a professional relationship with someone with whom the educator has a current or past personal
- someone with whom the educator has a current or past personal relationship te: implications and possible ramifications of engaging in a personal relationship with parents/guardians, student teachers, colleagues and supervisors; and . Ensuring professional responsibilities to paraprofessionals, student teachers or interns do not interfere with responsibilities to students, the location and such thanks.
- their learning and well-being.





Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 61

61



"Isn't the use of social media forbidden?" V. A. 1.

PRINCIPLE V

RESPONSIBLE AND ETHICAL **USE OF TECHNOLOGY**

The professional educator considers the impact of consuming, creating, distributing and communicating information through all technologies. The ethical educator is vigilant to ensure appropriate ndaries associated with role, time and place are maintained when using electronic communication.

- A. The professional educator uses technology in a responsible manner by:
 - Using social media transparently and primarily for purposes of teaching and learning per school and district policy. The professional educator considers the ramifications of using social media and direct communication via technology with one's interactions with students, colleagues and the general public:

 - colleagues and the general public;

 2. Staying current with trends and uses of school technology;

 3. Evaluating information obtained electronically for reliability and bias;

 4. Respecting intellectual property rights, copyright and fair use when accessing, using and documenting proprietary materials;

 5. Understanding and abiding by policy and procedures on the use of
 - technology and communication;

 - Recognizing that some electronic communications are records under the Freedom of Information Act (FOIA) and state public access laws;
 Considering the implications of sharing legally protected or other sensitive information electronically either via professional or personal
 - devices/accounts; and Exercising vigilance in maintaining separate and professional virtual profiles and keeping personal and professional lives distinct.

- B. The professional educator ensures students' safety and well-being when using technology by:
 - 1. Being vigilant in identifying, addressing and reporting (when appropriate and in accordance with local school, district, state and federal policy) inappropriate and illegal materials/images in electronic or other forms;
 2. Respecting the privacy of students' presence on social media unless there is possible risk of harm to the student or others; and

 - Being attentive to (and appropriately reporting) information concerning
 possible cyber bullying incidents and their potential impact on the
 student learning environment.
- C. The professional educator maintains confidentiality with the use of
 - 1. Taking appropriate and reasonable measures to maintain confidentiality

 - Taking appropriate and reasonable measures to maintain continentiality
 of privileged information and stored or transmitted educational records;
 Understanding the intent of Federal Educational Rights to Privacy Act
 (FERPA) and how it applies to sharing student records electronically;
 Ensuring the rights of third parties, including the right of privacy, are not
 violated via the use of technology; and
 Protecting information from being shared with unintended third parties
 through technology.
- D. The professional educator promotes the appropriate use of technology in educational settings by:
 - Advocating for equal and equitable access to technology for all students;
 Promoting the benefits and clarifying the limitations of various appropriate technological applications with colleagues, appropriate school personnel, parents and community members;
 Promoting technological applications that assist and enhance the teaching and learning process; and
 Practicing and advocating for cybersecurity to protect oneself, others
 - - and the integrity of the network



Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 62



"Have you Google searched yourself...

PRINCIPLE V

RESPONSIBLE AND ETHICAL **USE OF TECHNOLOGY**

The professional educator considers the impact of consuming, creating, distributing and communicating information through all technologies. The ethical educator is vigiliant to ensure appropriate ndaries associated with role, time and place are maintained when using electronic communication.

A. The professional educator uses technology in a responsible

- Using social media transparently and primarily for purposes of teaching and learning per school and district policy. The professional educator considers the ramifications of using social media and direct communication via technology with one's interactions with students, colleagues and the general public:

- colleagues and the general public;

 2. Staying current with trends and uses of school technology;

 3. Evaluating information obtained electronically for reliability and bias;

 4. Respecting intellectual property rights, copyright and fair use when accessing, using and documenting proprietary materials;

 5. Understanding and abditing by policy and procedures on the use of technology and communication;
- Recognizing that some electronic communications are records under the Freedom of Information Act (FOIA) and state public access laws;
 Considering the implications of sharing legally protected or other sensitive information electronically either via professional or personal desirates of the professional or personal devices/accounts; and

 Exercising vigilance in maintaining separate and professional virtual profiles and keeping personal and professional lives distinct.

B. The professional educator ensures students' safety and well-being when using technology by:

- Being vigilant in identifying, addressing and reporting (when appropria and in accordance with local school, district, state and federal policy) inappropriate and illegal materials/images in electronic or other forms;
 Respecting the privacy of students' presence on social media unless there is possible risk of harm to the student or others; and
- Being attentive to (and appropriately reporting) information concerning possible cyber bullying incidents and their potential impact on the

C. The professional educator maintains confidentiality with the use of

- 1. Taking appropriate and reasonable measures to maintain confidentiality

- I aking appropriate and reasonable measures to maintain commonating of privileged information and stored or transmitted educational records;
 Understanding the intent of Federal Educational Rights to Privacy Act (FERPA) and how it applies to sharing student records electronically;
 Ensuring the rights of third parties, including the right of privacy, are not violated via the use of technology; and
 Protecting information from being shared with unintended third parties through technology.

D. The professional educator promotes the appropriate use of technology in educational settings by:

- Advocating for equal and equitable access to technology for all students;
 Promoting the benefits and clarifying the limitations of various appropriate technological applications with colleagues, appropriate school personnel, parents and community members;
 Promoting technological applications that assist and enhance the
- teaching and learning process; and 4. Practicing and advocating for cybersecurity to protect oneself, others
- and the integrity of the network



...or curated your old social media posts?" V. A. 8.

Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 63

63

Applying "the Codes" to (Music) Education

- Pedagogy
 - A. What to teach
 - How to teach
 - How to assess
- Enforcement
 - Activities association, district, school, or union policies

CPPC MCEE

- Copyright issues
- Teaching licensure and credentials
- Students who break the law

- **Resource Allocation** III.
 - **Equity issues** Α.
 - Fiscal authority and Influence В.
 - C. **Budgets**

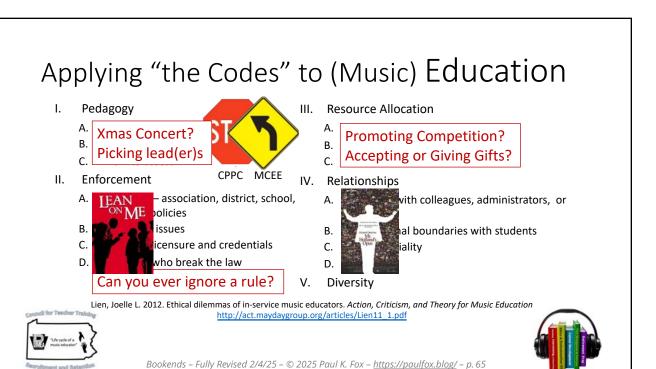
IV. Relationships

- Conflicts with colleagues, administrators, or
- Professional boundaries with students B.
- Confidentiality
- D. Honesty
- Diversity

Lien, Joelle L. 2012, Ethical dilemmas of in-service music educators, Action, Criticism, and Theory for Music Education http://act.maydaygroup.org/articles/Lien11_1.pdf



Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 64



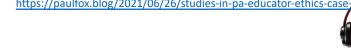
65

Additional Scenarios for Discussions

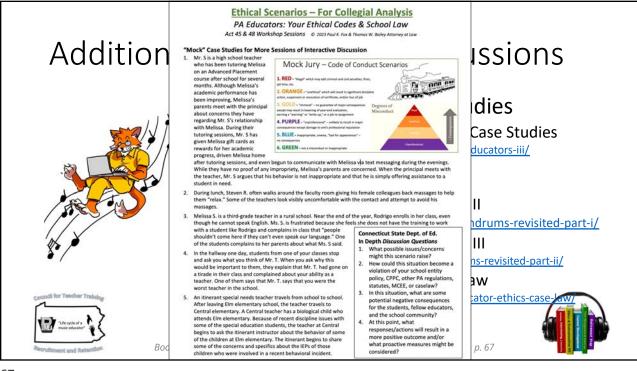


Blogsites on Ethics Case Studies

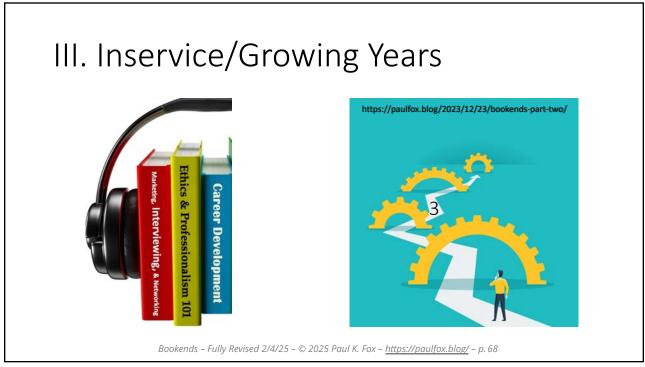
- Ethics for Music Educators Part IIII Case Studies https://paulfox.blog/2017/09/01/ethics-for-music-educators-iii/
- Ethical Scenarios
 https://paulfox.blog/category/ethics/
- Ethical Conundrums Revisited Part II
 https://paulfox.blog/2018/08/20/ethical-conundrums-revisited-part-i/
- Ethical Conundrums Revisited Part III
 https://paulfox.blog/2018/10/14/ethical-conundrums-revisited-part-ii/
- Studies in PA Educator Ethics Case Law https://paulfox.blog/2021/06/26/studies-in-pa-educator-ethics-case



Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 66



67



Now You're an Experienced Teacher!

All Done?

Fully Trained for the Remainder of Your Career?







Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 69

69



More Definitions – "Engagement"

Definition of "Engage"

"occupy, attract, or involve" (someone's interest or attention)

Synonyms:

capture, catch, arrest, grab, snag, draw, attract, gain, win, hold, grip, captivate, engross, absorb, occupy

Become a "growing" teacher:

Participate, enroll, join, be active, volunteer, seek experience, and "make a difference!"





Thriving... not just Surviving

Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 71



71

More Definitions – "Association"

Are you a member of your professional groups?

- NAfME National Association for Music Education
- PCMEA Pennsylvania Collegiate Music Educators Association
- PMEA Pennsylvania Music Educators Association (first year discounted dues)
- ACDA American Choral Directors Association
- ASTA American String Teachers Association
- · NBA National Band Association, etc.

















Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 72

Conferences

"Grow" your professional network and opportunities for future collaboration.



- Build your knowledge base.
- Stay current in the field.
- Discover new mentors/contacts.
- Hear about potential job openings.
- See "state-of-the-art" student & professional performances/exhibits. • Have FUN!
- Learn about new thinking, technology, music literature, classroom materials and curriculum initiatives, research, and unique approaches to problem-solving.



Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 73



73

Conferences



Attend them every year!

- America Orff-Schulwerk Association Professional Development Conference • PMEA Annual In-Service Conference
- American Bandmasters Association **National Convention** March 3-8, 2026, in Chicago, IL
- Organization of American Kodaly **Educators National Conference** March 6-9, 2025, in Chicago, IL

 American String Teachers Association **National Conference**

March 19-22, 2025, in Atlanta, GA

- April 9-12, 2025, at the Kalahari Resort & Convention Center in the Poconos, PA
- NAfME Eastern Division Conference April 24-27, 2025, in Hartford, CT
- PMEA Leadership Summit July 21-23, 2025, at the Penn Stater Hotel in State College, PA





Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 74

More Definitions – "Networking"

- 1. Don't be shy! Conferences and workshops are no places to be timid or afraid to start up a discussion with more experienced professionals.
- 2. Circulate and introduce yourself. Be your "charming self."
- **3. Attend** all general sessions. These usually feature the keynote speakers, association officers, and a special performance or award presentation.
- **4. Don't be the first person to leave a session.** Leaving early can be seen as disruptive and rude and doesn't let you to get the "whole picture" of the presentation or hear or participate in the Q&A, which may be as valuable as the presentation itself.
- **5.** Look for special sessions in the areas of your special need or advancement.





Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 75

75

More Definitions – "Networking"

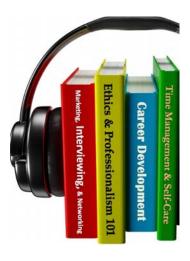
- **6. Don't remain in your "comfort zone"** by sitting exclusively with your friends and colleagues at every session and concert. For the sake of networking opportunities, get to know the other professionals, possible collaborators or future job screeners, etc.
- 7. Instead of going to sessions/concerts only in your specialty or your most proficient areas, attend some that are not directly related to your major field. You may be surprised at the connections or new interests you discover.
- **8.** Take notes about your experience during the conference and right after. Decide what you need and want to follow-up on. If possible, reconnect with anyone you met who may be able to help you move forward in your career.





Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 76

IV. Veteran/Sustaining Years





Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 77

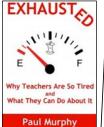
77

Teacher Self-Care

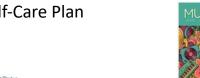
- Health & Wellness
- Stress & Burnout
- Time Management
- Self-Care Plan













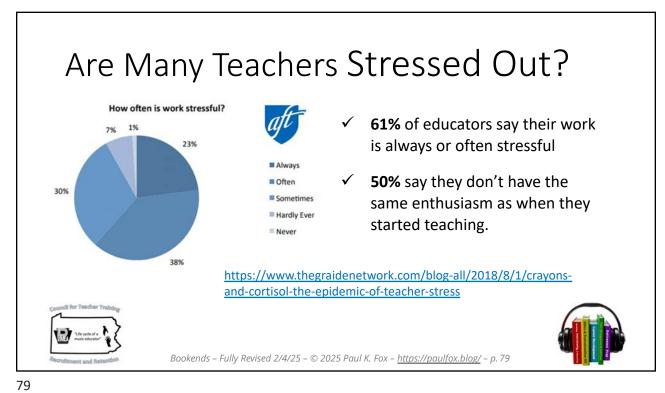


Salvador in Music Educators Journal December 2019





Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 78



Are Teachers Stressed Out? "This is a worrying sign that I experience none of the above pressure and workload of many teaching jobs is having Shortness of breath a very real physical impact on many teachers." "7 Conclusions from the World's Heart palpitations or chest pain Largest Teacher Burnout Survey" by James Anthony Regular headaches or stomach aches https://notwaitingforsuperman.org/ teacher-burnout-statistics/ Over 75% of teachers who responded to the survey complained of the health prob above, which are often associated with a failure to deal with stress. Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 80

Stressed Out Teachers – WHY?

- Overwhelming workload, long hours, and challenging classroom situations
- ✓ Lack of administrative or social supports
- ✓ Feeling a lack of respect, loss of job autonomy, ✓ or not being valued or appreciated in the organization or assignment
- ✓ Dysfunctional or hostile work environment
- Inconsistent hydration and consumption of a balanced diet and healthy quantities (length, depth, and frequency) of rest and sleep
- ✓ Irregular amounts of daily aerobic physical exercise

- Misuse of the voice at work and inadequate hearing conservation and protection from over-exposure to sound
- Deficient scheduling of opportunities for mindfulness, meditation, and/or reflection
- Deprivation of personal outlets for creative self-expression (not related to job) and the lack of time to explore hobbies, interests, and socialization with family, friends, and loved ones
- ✓ Infrequent use of sick days or vacations as needed for restorative health



— Paul Murphy, among others



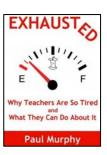
Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 81

81

Stress Caused By Teacher Exhaustion

"Teachers use a lot of willpower... often exercise some form of self-control 14 or more times before students even enter their class."

"Diminished willpower means lowered blood sugar, which means physical fatigue, reduced impulse control, bingeing behavior, and other poor decision-making."





Paul Murphy, as quoted in Exhausted – Why Teachers
 Are So Tired and What They Can Do About It

Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 82



Remedies for Less Teacher Exhaustion

- ✓ Work less/fewer hours
- ✓ Time before school is worth more than twice as much as time after school
- Use class time to check work
- ✓ Leverage technology
- ✓ Don't grade everything
- ✓ Stop assigning things





Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 83

83

Hints for Health/Wellness & Life Balance



- ✓ Promote a nutritious, healthy diet, and hydrate often.
- ✓ Get enough sleep.
- ✓ Exercise.
- ✓ Follow-up with medical care.
- ✓ Use relaxation exercises and/or practice meditation.





https://psychcentral.com/blog/what-self-care-is-and-what-it-isnt-2/



Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 84

Hints for Health/Wellness & Life Balance



- Spend enough time with loved ones.
- Do at least one relaxing activity every day, whether it's taking a walk or spending 30 minutes unwinding.
- Do at least one pleasurable activity every day, from going to the cinema, cooking, or meeting with friends.
- Find opportunities to laugh.







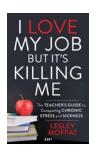
Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 85

85

Taking Care of Yourself *First*



This is the hardest lesson of all, yet it is so important. Chances are you got where you are because you ran yourself ragged taking care of other people's needs. I bet you never said no to requests to be on one more committee, drive carpool, watch a friend's kids, and every other favor someone made of you, yet I'd also bet there's a good chance you never take the time to take care of your own needs. When was the last time you read a book for fun? Or went to a movie you wanted to see? Or pursued a creative endeavor that made you happy? Or any one of a million things you want to do? I bet it's been a long time. — Lesley Moffat





Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 86

Time Management – *Priorities!*



The solution is NOT to manage your time better or work more efficiently. Or at least – that's not the place to start when you're overwhelmed.

The most important step is **getting clarity**: figuring out what matters most so you can do fewer things better.

— Angela Watson





Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 87

87

Time Management – *Priorities!*



- 1. Identify your non-flexibles
- 2. List your top priorities that you want to uncover more time for
- 3. Specify what life would look like if you prioritized these things
- 4. Add top priorities to the unallocated time in your schedule
- 5. Identify/schedule the in-betweens





Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 88

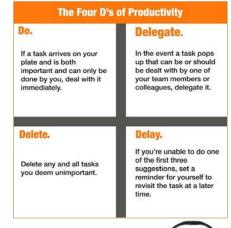
Time Management – Priorities!

All about TIME... and the Four D's

- ✓ <u>D</u>o It!
- ✓ Date It!
- ✓ <u>D</u>elegate It!
- ✓ **D**ump It!

http://www.prioritymanagement.com/ https://blog.hubspot.com/sales/4-ds-of-productivity





Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – <u>https://paulfox.blog/</u> – p. 89

89

Coping & Learning Acceptance

I think I was getting, like, a little bit over the top with [the party fashion] – getting pretty tired and pretty wasted. And I went to bed one night and had a kind of restless night. But I had a dream where my mother, who had been dead at that point for about 10 years, came to me in the dream and it was as if she could see that I was troubled. And she sort of said to me, she said, 'Let it be.' And I remember quite clearly her saying, 'Let it be,' and 'It's going to be OK. Don't worry.' You know, 'Let it be.' I woke up and I remembered the dream, and I thought, 'Well, that's a great idea.' And I then sat down and wrote the song using the feeling from that dream and of my mum coming to me in the dream.

Sir James Paul McCartney





https://beatlesdaily.com/2016/10/29/whatis-the-beatles-song-let-it-be-about/



Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 90





What is the Beatles song "Let it Be" about?

https://beatlesdaily.com/2016/10/29/whatis-the-beatles-song-let-it-be-about/



Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 91

91

V. Next Chapter/"Living the Dream"



Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – <u>https://paulfox.blog/</u> – p. 92

Definition of "Retirement"

MYTHS

- You retire FROM something.
- It's an easy transition.
- It takes little time to prepare.
- It's completely different from anything you're doing now.
- The decision is based almost entirely about the money.



NEW

- "Reinventing yourself for the life you've always wanted."
- Steven Price, *How to Survive Retirement*, Skyhorse Publishing, 2015
- "...renewment, aspirement, financial independence, rewirement, rest-of-life, second beginnings, financial freedom, and new chapter."
- http://www.cbsnews.com/news/how-do-you-define-retirement/



Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – https://paulfox.blog/ – p. 93

93

Stages of Retirement



The first three stages provide opportunities to rethink, recharge, reinvent, and retool new ways to redefine one's life-purpose and meaning, become productive, and begin that new chapter in their lives.

- 1. Imagination (5 to 15 years before retirement)
- 2. Anticipation (1 to 5 years before retirement)
- 3. Liberation (first year of retirement)
- 4. Re-engagement (1 to 15 years after retirement)
- 5. Reconciliation (ages late 70s and early 80s)

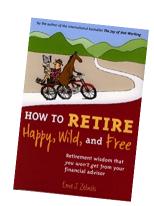


Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 94

"The Basics" - Three Essential Needs

Search for "Purpose" and "Mattering"

- To make a difference in people's lives
- To make a contribution to... (family/community/society)
- To find creative expression
- To take part in discovery
- To help preserve the environment
- To accomplish or achieve a challenging task
- To improve health and well-being







Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 95

95

A Retiree's Short List of Things-To-Do!

Encore Careers

- Higher Education (music education methods, supervision of student teachers, etc.)
- 2. Music Industry (instrumental rental, repairs, merchandizing, etc.)
- 3. Travel (tour leader, festival organizer, vacation planner, etc.)
- Music Performance (gigging, private teaching, guest conducting, accompanying, etc.)

Volunteering in...

- Music Education (mentoring students or new teachers, coaching, directing community groups, serving professional associations/PMEA, etc.)
- Non-Profits (escorting at hospitals, assisting animal shelters, food banks, libraries, hospice organizations, etc.)
- Community Service (enlisting as special advocate for abused or neglected children, giving guided tours as a docent in museums, etc.)



Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 96

Revisiting Your Own Creative Roots



Sing

Community chorus
Church choir

Solo vocalist

Folk, rock, jazz groups



Play an instrument

Community band or orchestra

Pit orchestra

Solo or chamber music groups

Folk, rock, jazz groups



Do theater

Acting

Dancing

Scenery/make-up

Stage tech







97

CODA:

Fox's Final Thoughts

1. Learn About "What's New" Acronyms & Terminology

- DEIBA (<u>d</u>iversity, <u>e</u>quity, <u>i</u>nclusion, <u>b</u>elonging, and <u>a</u>cceptance)
- CRSE (<u>c</u>ulturally-<u>r</u>elevant and <u>s</u>ustaining <u>e</u>ducation)
- SEL (social & emotional learning)
- MCEE & CPPC (you should know these from today's workshop)

- 2. Get to Know Your Workplace
- School Staff (secretaries, principal, supervisor, custodians, colleagues, etc.)
- Expectations (job assignment, duties, communications, curriculum, board policies)
- Technology (all kinds of "new" programs, everything from Canvas and Focus to the district website)
- 3. Find & Cultivate Mentors (music teachers in your building/district, PMEA/Mentors, Retired Resource Registry)



 $\label{thm:continuity} Terms \ puzzle \ at \ \underline{\ https://paulfox.blog/2015/07/18/the-alphabet-soup-of-educational-acronyms/} \\ Interactions \ with \ administrators: \ \underline{\ https://paulfox.blog/2019/03/19/the-care-and-feeding-of-your-principal/} \\ Interactions \ with \ administrators: \ \underline{\ https://paulfox.blog/2019/03/19/the-care-and-feeding-of-your-principal/} \\ Interactions \ with \ administrators: \ \underline{\ https://paulfox.blog/2019/03/19/the-care-and-feeding-of-your-principal/} \\ Interactions \ with \ administrators: \ \underline{\ https://paulfox.blog/2019/03/19/the-care-and-feeding-of-your-principal/} \\ Interactions \ with \ administrators: \ \underline{\ https://paulfox.blog/2019/03/19/the-care-and-feeding-of-your-principal/} \\ Interactions \ \underline{\ https://paulfox.blog/2019/03/19/the-care-and-feeding-of-your-principal/} \\ Intera$

Bookends - Fully Revised 2/4/25 - © 2025 Paul K. Fox - https://paulfox.blog/ - p. 98

Take Advantage of These Resources







https://www.pmea.net/

https://www.pmea.net/pcmea/

https://paulfox.blog/

Paul K. Fox, PMEA Council for TTRR 412-596-7937 paulkfox.usc@gmail.com





Bookends – Fully Revised 2/4/25 – © 2025 Paul K. Fox – <u>https://paulfox.blog/</u> – p. 99